# DEJEUNER

## Lundi 16 Septembre 2024

| | Anhybride sulfureux | Arachides | Céleri | Crustacés | Fruits à coques | Gluten | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Sésame | Soja |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Lentille en salade | X | | | | | X | | | | X | | | | |
| Rillettes de thon et gressins | | | | | | X | X | | | | | X | X | X |
| Brochette de dinde au jus | | | X | | | X | X | | | X | X | | | |
| Filet de cabillaud aux amandes | | | | | X | | X | | | | | X | | |
| Gratin de chou romanesco | | | | | | X | X | | | | | | | |
| Poelee gourmande aux legumes grilles | | | X | | | | | | | | | | | |
| Tomme blanche | | | | | | | X | | | | | | | |
| Fruit de saison | | | | | | | | | | | | | | |
| Pain bio repas | | | | | | X | | | | | | | | |
| CafÉ | | | | | | | | | | | | | | |
| Vin blanc de table | | | | | | | | | | | | | | |
| Vin rose | | | | | | | | | | | | | | |
| Vin rouge de table | | | | | | | | | | | | | | |

## Mardi 17 Septembre 2024

| | Anhybride sulfureux | Arachides | Céleri | Crustacés | Fruits à coques | Gluten | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Sésame | Soja |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Courgettes mozzarella en salade | X | | | | | | X | | | X | | | | |
| Tomates farcis maison | | | | | | X | X | | | | X | | | |
| Quinoa bio | | | | | | | X | | | | | | | |
| Fromage Bleu douceur | | | | | | | X | | | | | | | |
| Petit suisse sucré | | | | | | | X | | | | | | | |
| Pain bio repas | | | | | | X | | | | | | | | |

## Mercredi 18 Septembre 2024

| | Anhybride sulfureux | Arachides | Céleri | Crustacés | Fruits à coques | Gluten | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Sésame | Soja |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Salade verte | X | | | | | | | | | X | | | | |
| Couscous bio maison de legumes et pois chiches | | | X | | | X | X | | | X | | | | |
| Couscous bio seniors pilon surg merguez boulettes | | | X | | | X | X | | | X | | | | |
| St albray | | | | | | | X | | | | | | | |
| Crème caramel | | | | | | | X | | | | | | | |
| Fruit de saison | | | | | | | | | | | | | | |
| Pain bio repas | | | | | | X | | | | | | | | |

## Jeudi 19 Septembre 2024

| | Anhybride sulfureux | Arachides | Céleri | Crustacés | Fruits à coques | Gluten | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Sésame | Soja |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Macédoine de légume mayonnaise | | | | | | | | | | X | X | | | |
| Salade verte | X | | | | | | | | | X | | | | |
| Rognonade | | | | | | | | | | | | | | |
| Saute d'agneau aux oignons | X | | X | | | X | X | | | X | X | | | X |
| Puree de patate douce maison | | | | | | | X | | | | | | | |
| Cantal | | | | | | | X | | | | | | | |
| Crème caramel | | | | | | | X | | | | | | | |
| Fruit de saison | | | | | | | | | | | | | | |
| Pain bio repas | | | | | | X | | | | | | | | |

## Vendredi 20 Septembre 2024

| | Anhybride sulfureux | Arachides | Céleri | Crustacés | Fruits à coques | Gluten | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Sésame | Soja |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Tapenade | | | | | | X | | | | | | X | | |
| Bourride | X | | X | | | X | | | | X | X | X | X | |
| Soupe au pistou maison | | | | | | X | X | | | X | X | | | X |
| Emmental bio | | | | | | | X | | | | | | | |
| Fruit de saison | | | | | | | | | | | | | | |
| Pain bio repas | | | | | | X | | | | | | | | |

# DEJEUNER

## Lundi 23 Septembre 2024

| | Anhybride sulfureux | Arachides | Céleri | Crustacés | Fruits à coques | Gluten | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Sésame | Soja |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Concombre bio fromage blanc | X | | | | | | X | | | X | | | | |
| Blanquette de veau | | | X | | | X | X | | | X | X | | | |
| Riz pilaf | | | | | | | X | | | | | | | |
| St morêt | | | | | X | | X | | | | | | | |
| Yaourt aromatisé | | | | | | | X | | | | | | | |
| Yaourt aux fruits morceaux | | | | | | | X | | | | | | | |
| Pain bio repas | | | | | | X | | | | | | | | |
| CafÉ | | | | | | | | | | | | | | |
| Vin blanc de table | | | | | | | | | | | | | | |
| Vin rose | | | | | | | | | | | | | | |
| Vin rouge de table | | | | | | | | | | | | | | |

## Mardi 24 Septembre 2024

| | Anhybride sulfureux | Arachides | Céleri | Crustacés | Fruits à coques | Gluten | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Sésame | Soja |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Crackers | | | | | | X | X | | | | | | X | |
| Olives vertes apÉritif | | | | | | | | | | | | | | |
| Oeufs À la florentine bio | | | | | X | X | X | | | | X | | X | X |
| Leerdammer | | | | | | | X | | | | | | | |
| Fruit de saison | | | | | | | | | | | | | | |
| Gateau maison | | | | | | | | | | | | | | |
| Pain bio repas | | | | | | X | | | | | | | | |

## Mercredi 25 Septembre 2024

| | Anhybride sulfureux | Arachides | Céleri | Crustacés | Fruits à coques | Gluten | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Sésame | Soja |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Salade coleslow a la mayonnaise | X | | | | | | | | | X | X | | | |
| Salade de haricots rouges a la mexicaine | X | | | | | | | | | X | | | | |
| Cuisse de poulet + pilon roti surg | | | | | | | | | | | | | | |
| Dos de colin citron frais | | | | | | | | | | | | X | | |
| Aubergines a la parmesane accomp | | | | | | | X | | | | | | | |
| Courgettes sautÉes fraiches | | | | | | | | | | | | | | |
| Boursin ail et fh | | | | | | | X | | | | | | | |
| Compote pomme banane en gourde | | | | | | | | | | | | | | |
| Fondant chocolat | | | | | X | X | X | | | | X | | | X |
| Fruit de saison | | | | | | | | | | | | | | |
| Jus de pomme | | | | | | | | | | | | | | |
| Nutella | | | | | X | | X | | | | | | | X |
| Pain bio repas | | | | | | X | | | | | | | | |

## Jeudi 26 Septembre 2024

| | Anhybride sulfureux | Arachides | Céleri | Crustacés | Fruits à coques | Gluten | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Sésame | Soja |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Melon entrÉe | | | | | | | | | | | | | | |
| Salade de haricots rouges a la mexicaine | X | | | | | | | | | X | | | | |
| Cuisse de poulet + pilon roti surg | | | | | | | | | | | | | | |
| Tagliatelles À la carbonara | | | | | | X | X | | | X | X | | | X |
| Courgettes sautÉes fraiches | | | | | | | | | | | | | | |
| Fromage blanc sucré | | | | | | | X | | | | | | | |
| St paulin bio | | | | | | | X | | | | | | | |
| Fruit de saison | | | | | | | | | | | | | | |
| Pain bio repas | | | | | | X | | | | | | | | |

## Vendredi 27 Septembre 2024

| | Anhybride sulfureux | Arachides | Céleri | Crustacés | Fruits à coques | Gluten | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Sésame | Soja |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Melon entrÉe | | | | | | | | | | | | | | |
| Salade coleslow a la mayonnaise | X | | | | | | | | | X | X | | | |
| Dos de colin citron frais | | | | | | | | | | | | X | | |
| Tagliatelles À la carbonara | | | | | | X | X | | | X | X | | | X |
| Aubergines a la parmesane accomp | | | | | | | X | | | | | | | |
| Fromage blanc sucré | | | | | | | X | | | | | | | |
| Fromage petit chamois d'or | | | | | | | X | | | | | | | |
| Fondant chocolat | | | | | X | X | X | | | | X | | | X |
| Pain bio repas | | | | | | X | | | | | | | | |

# DEJEUNER

## Lundi 30 Septembre 2024

| | Anhybride sulfureux | Arachides | Céleri | Crustacés | Fruits à coques | Gluten | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Sésame | Soja |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Bouillon legumes aux petites pates | | | X | | | X | X | | | | X | | | |
| Beignet de calamar a la romaine | | | | | | X | | | X | | | | | |
| Petits pois sautes bio | | | | | | | | | | | | | | |
| Fromage petit chamois d'or | | | | | | | X | | | | | | | |
| Fruit de saison | | | | | | | | | | | | | | |
| Pain bio repas | | | | | | X | | | | | | | | |
| CafÉ | | | | | | | | | | | | | | |
| Vin blanc de table | | | | | | | | | | | | | | |
| Vin rose | | | | | | | | | | | | | | |
| Vin rouge de table | | | | | | | | | | | | | | |

## Mardi 01 Octobre 2024

| | Anhybride sulfureux | Arachides | Céleri | Crustacés | Fruits à coques | Gluten | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Sésame | Soja |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Chou rouge en salade | X | | | | | | | | | X | | | | |
| Tomates mozzarella en salade | X | | | | | | X | | | X | | | | |
| Cordon bleu de dindonneau | | | | | | X | X | | | | | | | X |
| Curry de lenitlles ble et potiron | | | X | | | X | | | | X | | | | |
| Ecrase de vitelotte | | | | | X | | X | | | | | | | |
| Cantal | | | | | | | X | | | | | | | |
| Fromage Bleu douceur | | | | | | | X | | | | | | | |
| Compote pomme framboise hors marche | | | | | | | | | | | | | | |
| Tarte aux myrtilles | | | | | | X | X | | | | X | | | |
| Pain bio gouter | | | | | | X | | | | | | | | |
| Pain bio repas | | | | | | X | | | | | | | | |

## Mercredi 02 Octobre 2024

| | Anhybride sulfureux | Arachides | Céleri | Crustacés | Fruits à coques | Gluten | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Sésame | Soja |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Pâté de campagne | | | | | | | | | | X | | | | |
| Roti de dindonneau au fond blanc | | | | | | | | | | | | | | |
| Saute de boeuf aux olives | X | | X | | | X | X | | | X | X | | | X |
| Epeautre au beurre | | | | | | X | X | | | | | | | |
| Gratin de brocolis bio | | | | | | X | X | | | | | | | |
| Cantal | | | | | | | X | | | | | | | |
| Yaourt citron bio | | | | | | | X | | | | | | | |
| Fruit de saison | | | | | | | | | | | | | | |
| Pain bio repas | | | | | | X | | | | | | | | |

## Jeudi 03 Octobre 2024

| | Anhybride sulfureux | Arachides | Céleri | Crustacés | Fruits à coques | Gluten | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Sésame | Soja |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Poireaux en salade | X | | | | | | | | | X | | | | |
| Salade verte | X | | | | | | | | | X | | | | |
| Colin faÇon bouillabaisse | | | X | X | | X | X | | X | X | X | X | X | X |
| Saute de boeuf aux olives | X | | X | | | X | X | | | X | X | | | X |
| Epeautre au beurre | | | | | | X | X | | | | | | | |
| Pomme de terre vapeur | | | | | | | | | | | | | | |
| Emmental | | | | | | | X | | | | | | | |
| Petit suisse aux fruits | | | | | | | X | | | | | | | |
| Fruit de saison | | | | | | | | | | | | | | |
| Pain bio repas | | | | | | X | | | | | | | | |

## Vendredi 04 Octobre 2024

| | Anhybride sulfureux | Arachides | Céleri | Crustacés | Fruits à coques | Gluten | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Sésame | Soja |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Terrine de volaille | | | X | | | X | X | | | X | X | | | |
| Tomates mozzarella en salade | X | | | | | | X | | | X | | | | |
| Colin faÇon bouillabaisse | | | X | X | | X | X | | X | X | X | X | X | X |
| Roti de dindonneau au fond blanc | | | | | | | | | | | | | | |
| Gratin de brocolis bio | | | | | | X | X | | | | | | | |
| Pomme de terre vapeur | | | | | | | | | | | | | | |
| Kiri | | | | | | | X | | | | | | | |
| Petit suisse aux fruits | | | | | | | X | | | | | | | |
| Fruit de saison | | | | | | | | | | | | | | |
| Pain bio repas | | | | | | X | | | | | | | | |

# GOUTER

## Mercredi 02 Octobre 2024

| | Anhybride sulfureux | Arachides | Céleri | Crustacés | Fruits à coques | Gluten | Lait | Lupin | Mollusques | Moutarde | Oeufs | Poissons | Sésame | Soja |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Bâton de chocolat | | | | | X | | X | | | | | | | |
| Brioche tranchée | | | | | | X | X | | | | X | | | |
| Gaufrette praline | | X | | | X | X | X | | | | X | | X | X |
| Jus de pomme | | | | | | | | | | | | | | |